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# UPDATE

October 15, 2018

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## Subscribe to Receive the Update

<http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>

## Follow NIMH on Social Media

<http://twitter.com/nimhgov>  
<http://www.facebook.com/nimhgov>  
<https://www.linkedin.com/company/national-institute-of-mental-health-nimh>  
<http://www.youtube.com/nimhgov>

*Prepared by the U.S. Department of Health and Human Services,  
National Institutes of Health, National Institute of Mental Health*

## NIH FUNDS SPECIALIZED CENTERS FOR CHILD MALTREATMENT RESEARCH; THREE NATIONAL CENTERS TO DEVELOP BEST PRACTICES FOR PREVENTION, INTERVENTION, AND TREATMENT

The National Institutes of Health (NIH) is funding three centers that will conduct research on all forms of child abuse and neglect. The Capstone Centers for Child Maltreatment Research promise to identify best practices for prevention and screening, as well as treatment of children affected by abuse. In September 2018, NIH's Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) awarded the most recent grant to Washington University in St. Louis, in addition to funding for a collaborative center involving the University of Rochester, New York, and the University of Minnesota, Minneapolis. The first capstone center grant was awarded in 2017 to the Pennsylvania State University, University Park, to establish the Translational Center for Child Maltreatment Studies.

<https://www.nih.gov/news-events/news-releases/nih-funds-specialized-centers-child-maltreatment-research>

## ASIAN HEALTH COALITION JOINS *ALL OF US* RESEARCH PROGRAM TO SUPPORT COMMUNITY ENGAGEMENT

The *All of Us* Research Program welcomes the Asian Health Coalition as its newest community engagement partner. In this role, the group will raise awareness about the program and the opportunity for diverse communities to participate in precision medicine research. <https://allofus.nih.gov/news-events-and-media/announcements/asian-health-coalition-joins-all-us-research-program-support-community-engagement>

## THE *ALL OF US* JOURNEY BRINGS MORE RESEARCH PROGRAM FEATURES TO ALL OF YOU

The *All of Us* Research Program launches its 2018–2019 *All of Us Journey* tour with its second traveling educational exhibit. This latest *All of Us Journey* is designed both to raise awareness about the research program and to enable interested people to join the program right onboard, including answering surveys and giving their physical measurements and biosamples. <https://allofus.nih.gov/news-events-and-media/announcements/all-us-journey-brings-more-research-program-features-all-you>

## HRSA RELEASES NEW DATA ON CHILD HEALTH ACROSS THE U.S.

The Health Resources and Services Administration (HRSA) has released the *2017 National Survey of Children's Health* data from nearly 21,000 households across the United States (U.S.). This voluntary survey, funded and directed by HRSA's Maternal and Child Health Bureau, provides annual national- and state-level estimates of key measures of child health and well-being. The findings include that in 2016-2017, 13.8 million children zero to 17 years old in the U.S. were reported to have a special health care need. In addition, among the children ages three to 17 years old who were reported as needing mental health services in the past 12 months, 80 percent received these services in 2016-2017.

<https://www.hrsa.gov/about/news/press-releases/hrsa-releases-national-survey-child-health-data>

## RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

### NEW FROM NIMH

#### DIRECTOR'S MESSAGE: MOVING STRESS RESEARCH FORWARD

Research tells us that severe stress can cause all kinds of adverse health outcomes, including an increased risk for mental illnesses. In his latest Director's Message, National Institute of Mental Health (NIMH) Director Joshua Gordon discusses how NIMH is trying to move the field of stress research forward, toward the translation of basic findings into clinical advances.

<https://www.nimh.nih.gov/about/director/messages/2018/moving-stress-research-forward.shtml>

#### OUTREACH CONNECTION: MEETING ISSUE

The latest issue of *Outreach Connection* summarizes from highlights the 2018 annual meeting of the NIMH Outreach Partnership Program.

<https://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>

### NEW FROM NIH

#### NIDA: OPIOID USE DISORDER TREATMENT RESOURCES, BEST PRACTICES, AND CASE VIDEOS

The National Institute on Drug Abuse (NIDA) announced the availability of informational resources for clinicians interested in initiating buprenorphine treatment in emergency department settings. This new comprehensive set of tools includes information on best practices as well as case-based videos to provide emergency department clinicians with effective strategies and conversation tips to treat people with opioid use disorders. <https://www.drugabuse.gov/news-events/news-releases/2018/10/new-opioid-treatment-resources-emergency-department-clinicians>

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#### NIDA: MOTIVATING PATIENTS: UPDATED VIDEOS

These updated videos from NIDA show different situations and approaches to screening, intervening, treating, and managing these patients in emergency departments. Topics include conversation tools and strategies, opioid use disorder and withdrawal assessments, treatment for opioid use disorder, and harm-reduction strategies.

<https://www.drugabuse.gov/nidamed-medical-health-professionals/initiating-buprenorphine-treatment-in-emergency-department/motivating-patients>

#### NEW FROM SAMHSA

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#### PROMOTING EMOTIONAL HEALTH AND PREVENTING SUICIDE: A TOOLKIT FOR SENIOR LIVING COMMUNITIES—NOW AVAILABLE IN SPANISH

This toolkit—now available in Spanish—helps senior centers integrate suicide prevention into activities that support well-being is now available. It describes activities that increase protective factors and explains how to recognize the warning signs of suicide. <https://store.samhsa.gov/product/Promoting-Emotional-Health-and-Preventing-Suicide-A-Toolkit-for-Senior-Living-Communities-SPANISH-/All-New-Products/SMA15-4416SPANISH>

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#### CRISIS INTERVENTION TEAM METHODS FOR USING DATA TO INFORM PRACTICE: A STEP-BY-STEP GUIDE

This guide helps local systems use data to implement Crisis Intervention Team programs that can improve the safety and effectiveness of law enforcement response to people experiencing behavioral health crises. It provides information about building necessary partnerships, documenting program activities, identifying key metrics, establishing data collection processes, analyzing and reporting data, using data to improve programs, and expanding capacity to collect and use data. <https://store.samhsa.gov/product/Crisis-Intervention-Team-CIT-Methods-for-Using-Data-to-Inform-Practice-/All-New-Products/SMA18-5065>

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#### 2016 MENTAL HEALTH CLIENT-LEVEL DATA ANNUAL REPORT

This report presents results from the Mental Health Client Level Data and Mental Health Treatment Episode Data Set for individuals receiving mental health treatment services in 2016, as well as selected trends in data collected from such individuals between 2013 and 2016. It provides information on mental health diagnoses, mental health treatment services, and demographic and substance use characteristics of individuals in mental health treatment in facilities that reported to individual state administrative data systems. <https://www.samhsa.gov/data/report/2016-mental-health-client-level-data-mh-cld-annual-report>

## HEALTHY PEOPLE 2020 UPDATES

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### PROVIDING INTEGRATED ACCESS TO HEALTH SERVICES IN NASHUA, NEW HAMPSHIRE

Access to health care is a key determinant of physical and behavioral health outcomes. Regular access to primary health services is critical for preventing and detecting diseases, ensuring comprehensive treatment, and improving overall quality of life. This Healthy People 2020 Update profiles the Partnership for Successful Living in Nashua, New Hampshire which takes an integrated approach to health care. The Partnership's goal is to provide comprehensive care that's easy for vulnerable populations to access, with services ranging from primary care, behavioral health, and oral health to housing support and treatment for substance use disorder. <https://health.gov/news/blog/2018/09/providing-integrated-access-to-health-services-in-nashua-new-hampshire>

## NEW FROM CDC

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### SURVEILLANCE FOR VIOLENT DEATHS — NATIONAL VIOLENT DEATH REPORTING SYSTEM, 27 STATES, 2015

A new report used the Centers for Disease Control and Prevention's (CDC) National Violent Death Reporting System (NVDRS) to examine violent deaths from 27 states for 2015. The data analyzed includes 30,628 fatal incidents and 31,415 deaths that occurred in 2015. NVDRS captures data on all suicides, homicides, deaths of undetermined intent, unintentional firearm deaths, and deaths resulting from the actions of law enforcement acting in the line of duty. <https://www.cdc.gov/mmwr/volumes/67/ss/ss6711a1.htm>

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### SYMPTOMS OF ANXIETY AND DEPRESSION AMONG ADULTS WITH ARTHRITIS — U.S., 2015–2017

CDC analyzed 2015–2017 National Health Interview Survey data to estimate the national prevalence of clinically relevant symptoms of anxiety and depression among adults aged 18 years and older with arthritis. Among adults with arthritis, age-standardized prevalence of symptoms of anxiety and depression were 22.5 percent and 12.1 percent, respectively, compared with 10.7 percent and 4.7 percent among adults without arthritis. Successful treatment approaches to address anxiety and depression among adults with arthritis are multifaceted and include screenings, referrals to mental health professionals, and evidence-based strategies such as regular physical activity and participation in self-management education to improve mental health. <https://www.cdc.gov/mmwr/volumes/67/wr/mm6739a2.htm>

## NEW FROM AHRQ

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### A DUAL APPROACH TO FACILITATE HEALTH SYSTEMS UPTAKE OF EVIDENCE SYNTHESIS REPORTS: ANXIETY IN CHILDREN

This report from the Agency for Healthcare Research Quality summarizes results from a pilot project to develop tools that can facilitate the uptake of evidence synthesis reports by health systems. The pilot found that a health system decision aid and an encounter decision aid were shown to be feasible and effective tools that can provide health systems with contextual and implementation information on the treatment of anxiety in children. <https://effectivehealthcare.ahrq.gov/topics/anxiety-children/methods-report>

## NEW FROM DEPARTMENT OF JUSTICE

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### FACT SHEET: OVERVIEW OF LAW ENFORCEMENT-MENTAL HEALTH RESOURCES

This fact sheet provides an overview of Bureau of Justice Assistance resources and initiatives about the intersection of criminal justice and mental health.

[https://www.bja.gov/Publications/JMHCP-Learning-Sites\\_2018.pdf](https://www.bja.gov/Publications/JMHCP-Learning-Sites_2018.pdf)

## NEW FROM THE VA

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### BLOG POST: IDENTIFYING VETERANS AT HIGHEST RISK FOR SUICIDE

This blog post describes the U.S. Department of Veterans Affairs' (VA) outreach program aimed at predicting who may be at highest risk for suicide and intervening before a suicide occurs. The program is REACH VET, or Recovery Engagement and Coordination for Health – Veterans Enhanced Treatment. It uses predictive modeling and medical record data to identify Veterans at highest risk for suicide. The model includes such variables as demographics, use of VA services, and medications. Once a Veteran is identified, his or her VA mental health specialist or clinician checks on the Veteran's well-being and reviews that a person's treatment plan to determine if enhanced care is needed.

<https://www.blogs.va.gov/VAntage/53076/identifying-veterans-highest-risk-suicide/>

## BULLYING PREVENTION AWARENESS MONTH

OCTOBER 2018

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National Bullying Prevention Awareness Month is a time to take action for bullying prevention in schools, recreational and faith-based programs, communities, and at home. StopBullying.gov offers are tips and resources on how you can take action to stop or prevent bullying.

<https://view.connect.hhs.gov/?qs=b91bf66a63c41dfb143e34988f19273212618c6b777088b7b2f2fa939ce550debd6882caf179cbd55c7647d955f869354ebda51aed044a4121af663dfb2f2a6b4d2958e20d0dc798>

## 2018 RESEARCH CONFERENCE ON SLEEP AND THE HEALTH OF WOMEN

OCTOBER 16-17, 2018, BETHESDA, MD

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This NIH conference is intended to sound a wakeup call throughout society about the importance of sleep for the health of women. It will showcase a decade of federally funded research advances in understanding health risks, societal burden, and treatment options associated with sleep deficiency and sleep disorders in women. <https://www.nhlbi.nih.gov/events/2018/2018-research-conference-sleep-and-health-women>

## WEBINAR: SOAR: A REENTRY TOOL FOR INDIVIDUALS INVOLVED IN THE CRIMINAL JUSTICE SYSTEM

OCTOBER 24, 2018, 3:00-4:30 PM ET

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The Social Security Administration (SSA) disability benefit programs—Supplemental Security Income and Social Security Disability Insurance (SSI/SSDI)—can provide income and health insurance benefits to support healthy return to communities for previously incarcerated individuals who are experiencing or at risk of homelessness and have a serious mental illness, medical impairment, and/or a co-occurring substance use disorder. This SAMHSA webinar will explore how SOAR (SSI/SSDI Outreach, Access, and Recovery) implementation in criminal justice settings can be a strong reentry tool to increase housing stability and promote post-release success. The webinar will feature speakers who will share their best practices for implementing SOAR in a county jail and in a state correctional system.

<https://soarworks.prainc.com/article/webinar-soar-gains-reentry>

## **TWITTER CHAT: FROM BYSTANDER TO UPSTANDER**

OCTOBER 25, 2018, 3:30 PM ET

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Learn how to become an “Upstander to Bullying” on StopBullying.gov’s Twitter Chat. Use #BeAnUpstander to join the chat. Parents and teens are invited to join the chat and share how you stand up against bullying. <https://twitter.com/StopBullyingGov>

## **NIMH WEBINAR: COPING STRATEGIES FOR ANXIOUS KIDS, WHAT PARENTS NEED TO KNOW**

NOVEMBER 2, 2018, 12:00-1:00 PM ET

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Join NIMH for a webinar on coping strategies for anxious kids. During the webinar, Dr. Erin Berman will discuss: how to identify an anxious child, how to change anxious thinking, the science and biological roots of anxiety in children, how computer technology is transforming the understanding of anxiety, and current treatment options. <https://www.nimh.nih.gov/news/events/announcements/webinar-coping-strategies-for-anxious-kids-what-parents-need-to-know.shtml>

## **WEBINAR: ASKING THIS CRITICAL QUESTION CAN MAKE A DIFFERENCE**

NOVEMBER 5, 2018, 1:30 PM ET

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This SAMHSA Service Members, Veterans, and their Families (SMVF) Technical Assistance Center will conduct this webinar to provide guidance on how healthcare systems and community providers can identify SMVF. Presenters will outline concrete strategies that will enable stakeholders to develop a more coordinated system of care by connecting SMVF to available, military culture informed resources. The American Academy of Nursing “Have You Ever Served in the Military” campaign and New Hampshire’s “Ask the Question” campaign and toolkit will be featured. <https://goto.webcasts.com/starthere.jsp?ei=1211602>



## **NIMH WEBINAR: ARE YOU CONCERNED ABOUT YOUR CHILD’S IRRITABILITY?**

NOVEMBER 7, 2018, 3:00-4:00 PM ET

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Join NIMH for a webinar on irritability in children. Children pass through many phases of development as they grow up. It can be hard to know if a child is going through normal development or showing signs of something more serious. Occasional outbursts and irritability are a normal outcome of being tired, uncomfortable, or frustrated. In some children, it can be chronic and explosive. The webinar will cover common signs of severe irritability; how parents can help a child with severe irritability; what treatment options exist, such as cognitive behavioral therapy; and ongoing irritability research conducted at NIMH. <https://www.nimh.nih.gov/news/events/announcements/webinar-are-you-concerned-about-your-childs-irritability.shtml>

### **CALLS FOR PUBLIC INPUT**

#### **ADDRESSING OPIOID USE DISORDER IN PREGNANT WOMEN AND NEW MOMS CHALLENGE**

HRSA’s “Addressing Opioid Use Disorder in Pregnant Women and New Moms” Challenge will award \$375,000 in prizes to support tech innovations to improve access to quality health care, including substance use disorder treatment, recovery, and support services for pregnant women with opioid use disorders, their infants, and families, especially those in rural and geographically isolated areas. Phase I submissions are due on November 19, 2018, by 5:00 PM ET. <https://mchbgrandchallenges.hrsa.gov/challenges/addressing-opioid-use-disorder-pregnant-women-and-new-moms>

### **FUNDING INFORMATION**

NIMH: DYSREGULATION AND PROXIMAL RISK FOR SUICIDE

<https://grants.nih.gov/grants/guide/rfa-files/RFA-MH-19-210.html> (R21 Clinical Trial Optional)

<https://grants.nih.gov/grants/guide/rfa-files/rfa-mh-19-211.html> (R01 Clinical Trial Optional)

ADDRESSING CAREGIVER SYMPTOMS THROUGH TECHNOLOGICAL TOOLS

<https://grants.nih.gov/grants/guide/pa-files/PA-19-023.html> (R01 Clinical Trial Optional)

<https://grants.nih.gov/grants/guide/pa-files/PA-19-024.html> (R21 Clinical Trial Optional)



National Institute  
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information. For more information about the program, please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the **Update** every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners, and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education, and partnership programs.